

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 16:00 untill 16:55. Teamleadmeeting @ 16:15 The listed starttimes are indicative!

Coaches: Houtevelt Kyllian

Coaches: Bosselaar Mirella HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 400M FREESTYLE MEN 11+ Heat:1, starttime: 17:05

Heat: 1/3 Lane : 5 Athlete: TURF SANDER							Q-time: 04:49:61	
PB (25m pool): 04:49.61 Ternat 29/03/2026				PB (50m pool): 05:10.63 SB: 04:49.61 Ternat 29/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:09.52		no time		02:23.96
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:49.61
								

Coach feedback:

Event number: 2: 400M FREESTYLE MEN 11+ Heat:2, starttime: 17:15

Heat: 2/3 Lane : 5 Athlete: VOLCKAERT MATTHIAS							Q-time: 04:21:61	
PB (25m pool): 04:20.49 Leuven 15/10/2023				PB (50m pool): 04:21.61 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:20.49
								

Coach feedback:

Event number: 2: 400M FREESTYLE MEN 11+ Heat:3, starttime: 17:20

Heat: 3/3 Lane : 2 Athlete: PERSOONS EMIEL							Q-time: 04:20:36	
PB (25m pool): 04:20.36 Aarschot 28/07/2025				PB (50m pool): 04:25.64 SB: 04:23.34 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:02.54		no time		02:08.25
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:20.36
					E-jury: 2026-07	25 time: 01:30:15pm	Page: 1 / 15	

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 5: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 17:30
Heat: 2/3 Lane : 6 Athlete: MUYLEAERT YAELE			Q-time: 00:38:71
PB (25m pool): 00:38.71 Dilbeek 28/09/2025			PB (50m pool): 00:39.21 SB: 00:38.71 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:38.71	
		00:38.71	
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 17:30
Heat: 3/3 Lane : 7 Athlete: DEROOST BEAU			Q-time: 00:33:44
PB (25m pool): 00:34.33 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:33.44 SB: 00:34.33 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:34.33	
		00:34.33	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 17:35
Heat: 1/3 Lane : 4 Athlete: LUBOWICKI OLIVIER			Q-time: 00:32:03
PB (25m pool): 00:32.03 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): no time SB: 00:32.03 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:32.03	
		00:32.03	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 17:35
Heat: 2/3 Lane : 2 Athlete: DE BACKER BRENT			Q-time: 00:30:56
PB (25m pool): 00:30.56 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:31.24 SB: 00:30.56 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:30.56	
		00:30.56	
			

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 6: 50M BUTTERFLY MEN 11+							Heat:2, starttime: 17:35		
Heat: 2/3 Lane : 7 Athlete: BOMBAERT LOUIS							Q-time: 00:31:69		
PB (25m pool): 00:31.69 Kapelle-op-den-Bos 19/04/2026							PB (50m pool): 00:33.00 SB: 00:31.69 Kapelle-op-den-Bos 19/04/2026		
	2 5 M		5 0 M						
PB			00:31.69						
	00:31.69								
									

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11+							Heat:3, starttime: 17:35		
Heat: 3/3 Lane : 2 Athlete: DONIN THIBAUT							Q-time: 00:28:38		
PB (25m pool): 00:28.38 Liedekerke 01/05/2026							PB (50m pool): 00:29.32 SB: 00:28.38 Liedekerke 01/05/2026		
	2 5 M		5 0 M						
PB			00:28.38						
	00:28.38								
									

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11+					Heat:3, starttime: 17:35				
Heat: 3/3 Lane : 6 Athlete: VERROKEN GERBEN					Q-time: 00:28:18				
PB (25m pool): 00:28.18 Aarschot 28/07/2025					PB (50m pool): 00:29.46 SB: 00:28.49 LEUVEN. 22/02/2026				
	2 5 M		5 0 M						
PB			00:28.18						
			00:28.18						
									

Coach feedback:

Event number: 7: 100M FREESTYLE WOMEN 11+				Heat:1, starttime: 17:40	
Heat: 1/3 Lane : 3 Athlete: DE BISSCHOP LISSE				Q-time: 01:11:18	
PB (25m pool): 01:11.18 Sinbad 12/01/2025				PB (50m pool): 01:15.30 SB: 01:12.16 Sint-Niklaas 11/01/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.08		01:11.18	
	00:34.08		00:37.10		
					

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 7: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 17:40
Heat: 1/3 Lane : 4 Athlete: BOMBAERT MILLA					Q-time: 01:05:26
PB (25m pool): 01:05.26 LEUVEN 22/02/2026					PB (50m pool): 01:07.14 SB: 01:05.26 LEUVEN 22/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.01		01:05.26	
	00:31.01		00:34.25		
					

Coach feedback:

Event number: 7: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 17:40
Heat: 1/3 Lane : 5 Athlete: HEREMANS DITTE					Q-time: 01:09:45
PB (25m pool): 01:09.45 Temse 21/12/2025					PB (50m pool): 01:11.69 SB: 01:09.45 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.13		01:09.45	
	00:33.13		00:36.32		
					

Coach feedback:

Event number: 7: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 17:40
Heat: 3/3 Lane : 2 Athlete: LANDRIEU NORA					Q-time: 01:01:57
PB (25m pool): 01:01.57 Zwembad De Treffer 06/04/2026					PB (50m pool): 01:02.49 SB: 01:01.57 Zwembad De Treffer 06/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.00		01:01.57	
	00:29.00		00:32.57		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:2, starttime: 17:45
Heat: 2/4 Lane : 3 Athlete: VOLCKAERT THOMAS					Q-time: 00:57:14
PB (25m pool): 00:57.14 Zwembad De Treffer 06/04/2026					PB (50m pool): 00:58.31 SB: 00:57.14 Zwembad De Treffer 06/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.58		00:57.14	
	00:27.58		00:29.56		
					

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 10: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 17:55	
Heat: 1/1 Lane : 3 Athlete: DE PEYPER NOAH							Q-time: 02:33:45	
PB (25m pool): 02:31.27 Temse 22/12/2024				PB (50m pool): 02:39.06 SB: 02:33.59 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.36		01:12.57		01:52.21		02:31.27
	00:34.36		00:38.21		00:39.64		00:39.06	
								

Coach feedback:

Event number: 10: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 17:55	
Heat: 1/1 Lane : 5 Athlete: PERSOONS EMIEL							Q-time: 02:31:06	
PB (25m pool): 02:31.06 Tervuren 30/05/2026				PB (50m pool): 02:38.35 SB: 02:31.06 Tervuren 30/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.12		01:12.77		01:52.08		02:31.06
	00:34.12		00:38.65		00:39.31		00:38.98	
								

Coach feedback:

Event number: 12: 50M BACKSTROKE MEN 11+							Heat:1, starttime: 18:00	
Heat: 1/1 Lane : 4 Athlete: VOLCKAERT MATTHIAS							Q-time: 00:28:43	
PB (25m pool): 00:28.43 Gent 09/11/2025				PB (50m pool): 00:29.65 SB: 00:28.43 Gent 09/11/2025				
	2 5 M	5 0 M						
PB		00:28.43						
	00:28.43							
								

Coach feedback:

Event number: 13: 100M MEDLEY WOMEN 11+							Heat:1, starttime: 18:00	
Heat: 1/3 Lane : 4 Athlete: MUYLEAERT YAELE							Q-time: 01:29:93	
PB (25m pool): 01:29.93 Kapelle-op-den-Bos 21/04/2025							PB (50m pool): no time SB: 01:29.97 Temse 21/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		01:29.93				
	no time							
								

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 13: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 18:05
Heat: 2/3 Lane : 6 Athlete: DE BISSCHOP DIEDE					Q-time: 01:24:56
PB (25m pool): 01:19.71 De Druppelteen 16/04/2023					PB (50m pool): no time SB: 01:24.56 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.71	
	no time				
					

Coach feedback:

Event number: 13: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 18:05
Heat: 3/3 Lane : 6 Athlete: DE BACKER BIRGIT					Q-time: 01:10:01
PB (25m pool): 01:10.01 Liedekerke 01/05/2025					PB (50m pool): no time SB: 01:10.13 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:10.01	
	no time				
					

Coach feedback:

Event number: 14: 100M MEDLEY MEN 11+					Heat:1, starttime: 18:10
Heat: 1/2 Lane : 3 Athlete: DONIN THIBAUT					Q-time: 99:99:99
PB (25m pool): 01:07.51 Liedekerke 03/11/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:07.51	
	no time				
					

Coach feedback:

Event number: 14: 100M MEDLEY MEN 11+					Heat:2, starttime: 18:10
Heat: 2/2 Lane : 2 Athlete: DE PEYPER MATS					Q-time: 01:05:71
PB (25m pool): 01:05.71 Kapelle-op-den-Bos 19/04/2026					PB (50m pool): no time SB: 01:05.71 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:05.71	
	no time				
					

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 14: 100M MEDLEY MEN 11+					Heat:2, starttime: 18:10
Heat: 2/2 Lane : 6 Athlete: DE BACKER BJORN					Q-time: 01:03:63
PB (25m pool): 01:03.63 Hannuit 18/01/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:03.63	
	no time				
					

Coach feedback:

Event number: 14: 100M MEDLEY MEN 11+					Heat:2, starttime: 18:10
Heat: 2/2 Lane : 7 Athlete: DUBOIS LOUIS					Q-time: 01:08:03
PB (25m pool): 01:06.56 Liedekerke 05/11/2023					PB (50m pool): no time SB: 01:08.94 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:06.56	
	no time				
					

Coach feedback:

Event number: 33: 4x100M MEDLEY MEN 11+						Heat:1, starttime: 18:15		
Heat: 1/1 Lane : 3 Athlete: TEAM ZIOS 1						Q-time: 04:23:00		
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								
								

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 34: 4x100M MEDLEY WOMEN 11+							Heat:1, starttime: 18:20	
Heat: 1/1 Lane : 3 Athlete: TEAM ZIOS 1							Q-time: 05:10:00	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								
								

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 18:40	
Heat: 1/2 Lane : 3 Athlete: VEIRMAN LOTTE							Q-time: 01:30:59	
PB (25m pool): 01:28.84 Zwembad De Motte 14/07/2026				PB (50m pool): 01:34.34 SB: 01:28.84 Zwembad De Motte 14/07/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:42.89		01:28.84				
	00:42.89		00:45.95					
								

Coach feedback:

Event number: 19: 50M FREESTYLE WOMEN 11+							Heat:1, starttime: 18:50			
Heat: 1/3 Lane : 3 Athlete: DE BISSCHOP DIEDE							Q-time: 00:32:70			
PB (25m pool): 00:32.70 Liedekerke 01/05/2026				PB (50m pool): 00:33.44 SB: 00:32.70 Liedekerke 01/05/2026						
	2 5 M		5 0 M							
PB			00:32.70							
	00:32.70									
										

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 19: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 18:50
Heat: 1/3 Lane : 6 Athlete: DE BISSCHOP LISSE			Q-time: 00:32:76
PB (25m pool): 00:32.76 Dilbeek 28/09/2025			PB (50m pool): 00:33.37 SB: 00:32.76 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:32.76	
	00:32.76		
			

Coach feedback:

Event number: 19: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 18:50
Heat: 3/3 Lane : 3 Athlete: DE BACKER BIRGIT			Q-time: 00:27:85
PB (25m pool): 00:27.85 Liedekerke 01/05/2026			PB (50m pool): 00:28.51 SB: 00:27.85 Liedekerke 01/05/2026
	2 5 M	5 0 M	
PB		00:27.85	
	00:27.85		
			

Coach feedback:

Event number: 20: 50M FREESTYLE MEN 11+			Heat:2, starttime: 18:50
Heat: 2/4 Lane : 3 Athlete: LUBOWICKI OLIVIER			Q-time: 00:28:95
PB (25m pool): 00:28.95 Liedekerke 01/05/2026			PB (50m pool): 00:31.15 SB: 00:28.95 Liedekerke 01/05/2026
	2 5 M	5 0 M	
PB		00:28.95	
	00:28.95		
			

Coach feedback:

Event number: 20: 50M FREESTYLE MEN 11+			Heat:3, starttime: 18:55
Heat: 3/4 Lane : 2 Athlete: DE BACKER BRENT			Q-time: 00:26:99
PB (25m pool): 00:26.99 Leuven 12/10/2025			PB (50m pool): 00:27.53 SB: 00:26.99 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:26.99	
	00:26.99		
			

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 20: 50M FREESTYLE MEN 11+										Heat:3, starttime: 18:55																			
Heat: 3/4 Lane : 3 Athlete: DUBOIS LOUIS																				Q-time: 00:26:76									
PB (25m pool): 00:26.63 Sinbad 25/07/2023										PB (50m pool): 00:27.66 SB: 00:27.08 Liedekerke 01/05/2026																			
	2 5 M					5 0 M																							
PB						00:26.63																							
	00:26.63																												
																													

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 18:55	
Heat: 1/1 Lane : 4 Athlete: HEREMANS DITTE							Q-time: 02:44:97	
PB (25m pool): 02:44.97 LEUVEN. 22/02/2026				PB (50m pool): 02:57.47 SB: 02:44.97 LEUVEN. 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.81		01:23.53		no time		02:44.97
	00:40.81		00:42.72					
								

Coach feedback:

Event number: 23: 50M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 19:05	
Heat: 2/3 Lane : 2 Athlete: VEIRMAN LOTTE							Q-time: 00:39:97	
PB (25m pool): 00:39.97 Sint-Pieters-Leeuw 01/03/2026				PB (50m pool): 00:41.50 SB: 00:39.97 Sint-Pieters-Leeuw 01/03/2026				
	2 5 M		5 0 M					
PB			00:39.97					
	00:39.97							
								

Coach feedback:

Event number: 23: 50M BREASTSTROKE WOMEN 11+						Heat:2, starttime: 19:05	
Heat: 2/3 Lane : 6 Athlete: BIESEMANS JANA						Q-time: 00:39:95	
PB (25m pool): 00:40.69 Kapelle-op-den-Bos 19/04/2026				PB (50m pool): 00:39.95 SB: 00:40.69 Kapelle-op-den-Bos 19/04/2026			
	2 5 M	5 0 M					
PB		00:40.69					
	00:40.69						
							

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 23: 50M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 19:05
Heat: 2/3 Lane : 7 Athlete: BOMBAERT MILLA			Q-time: 00:40:47
PB (25m pool): 00:40.47 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:41.03 SB: 00:40.47 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:40.47	
		00:40.47	
			

Coach feedback:

Event number: 23: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 19:05
Heat: 3/3 Lane : 5 Athlete: DONIN MANON			Q-time: 00:33:73
PB (25m pool): 00:33.73 Hannuit 18/01/2025			PB (50m pool): 00:34.24 SB: 00:33.95 Gent 09/11/2025
	2 5 M	5 0 M	
PB		00:33.73	
		00:33.73	
			

Coach feedback:

Event number: 24: 50M BREASTSTROKE MEN 11+			Heat:2, starttime: 19:10
Heat: 2/2 Lane : 2 Athlete: DE BACKER BJORN			Q-time: 00:33:26
PB (25m pool): 00:33.00 Leuven 20/10/2024			PB (50m pool): 00:34.43 SB: no time
	2 5 M	5 0 M	
PB		00:33.00	
		00:33.00	
			

Coach feedback:

Event number: 24: 50M BREASTSTROKE MEN 11+			Heat:2, starttime: 19:10
Heat: 2/2 Lane : 3 Athlete: DE PEYPER MATS			Q-time: 00:31:96
PB (25m pool): 00:31.96 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:32.93 SB: 00:31.96 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:31.96	
		00:31.96	
			

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 24: 50M BREASTSTROKE MEN 11+				Heat:2, starttime: 19:10	
Heat: 2/2 Lane : 5 Athlete: DE PEYPER NOAH				Q-time: 00:31:57	
PB (25m pool): 00:31.57 Kapelle-op-den-Bos 19/04/2026				PB (50m pool): 00:32.81 SB: 00:31.57 Kapelle-op-den-Bos 19/04/2026	
	2 5 M	5 0 M			
PB		00:31.57			
		00:31.57			
					

Coach feedback:

Event number: 25: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 19:10	
Heat: 1/1 Lane : 7 Athlete: DEROOST BEAU					Q-time: 01:18:30	
PB (25m pool): 01:18.30 LEUVEN 22/02/2026					PB (50m pool): 01:19.23 SB: 01:18.30 LEUVEN 22/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:36.23		01:18.30		
		00:36.23		00:42.07		
						

Coach feedback:

Event number: 26: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 19:10	
Heat: 1/2 Lane : 3 Athlete: VOLCKAERT THOMAS					Q-time: 01:06:92	
PB (25m pool): 01:07.29 Zwembad De Treffer 06/04/2026					PB (50m pool): 01:06.92 SB: 01:07.29 Zwembad De Treffer 06/04/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:30.32		01:07.29		
		00:30.32		00:36.97		
						

Coach feedback:

Event number: 26: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 19:10	
Heat: 1/2 Lane : 7 Athlete: BOMBAERT LOUIS					Q-time: 01:15:58	
PB (25m pool): 01:15.58 Sint-Niklaas 11/01/2026					PB (50m pool): 01:17.01 SB: 01:15.58 Sint-Niklaas 11/01/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:35.56		01:15.58		
		00:35.56		00:40.02		
						

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 26: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 19:15
Heat: 2/2 Lane : 2 Athlete: VERROKEN GERBEN					Q-time: 01:03:10
PB (25m pool): 01:03.10 Aarschot 28/07/2025					PB (50m pool): 01:06.18 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.99		01:03.10	
	00:28.99		00:34.11		
					

Coach feedback:

Event number: 28: 200M FREESTYLE MEN 11+							Heat:1, starttime: 19:25	
Heat: 1/2 Lane : 6 Athlete: TURF SANDER							Q-time: 02:16:28	
PB (25m pool): 02:16.28 Dilbeek 10/05/2026				PB (50m pool): 02:35.80 SB: 02:16.28 Dilbeek 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.28		01:07.84		no time		02:16.28
	00:32.28		00:35.56					
								

Coach feedback:

Event number: 31: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 19:35	
Heat: 1/2 Lane : 3 Athlete: BIESEMANS JANA							Q-time: 02:49:78	
PB (25m pool): 02:49.78 Tervuren 30/05/2026				PB (50m pool): 02:57.11 SB: 02:49.78 Tervuren 30/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.48		01:22.75		02:11.47		02:49.78
	00:41.48		00:41.27		00:48.72		00:38.31	
								

Coach feedback:

Event number: 31: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 19:40	
Heat: 2/2 Lane : 6 Athlete: DONIN MANON							Q-time: 02:30:62	
PB (25m pool): 02:30.62 Aarschot 28/07/2025				PB (50m pool): 02:37.19SB: 02:31.25 Kapelle-op-den-Bos 19/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.58		no time		no time		02:30.62
	00:33.58							
								

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 31: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 19:40	
Heat: 2/2 Lane : 7 Athlete: LANDRIEU NORA							Q-time: 02:34:22	
PB (25m pool): 02:34.22 Kapelle-op-den-Bos 19/04/2026				PB (50m pool): 02:39.08 SB: 02:34.22 Kapelle-op-den-Bos 19/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.11		no time		no time		02:34.22
	00:33.11							
								

Coach feedback:

Event number: 35: 4x100M FREESTYLE WOMEN 11+							Heat:2, starttime: 20:00	
Heat: 2/2 Lane : 6 Athlete: TEAM ZIOS 1							Q-time: 04:10:10	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								
								

Coach feedback:

Event number: 36: 4x100M FREESTYLE MEN 11+							Heat:1, starttime: 20:05	
Heat: 1/2 Lane : 4 Athlete: TEAM ZIOS 2							Q-time: 04:00:00	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								
								

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 36: 4x100M FREESTYLE MEN 11+							Heat:2, starttime: 20:10	
Heat: 2/2 Lane : 3 Athlete: TEAM ZIOS 1							Q-time: 03:40:88	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								
								

Coach feedback: